

# Land/State Preschool Lunch

## March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Beef Nachos ---- Carrot Sticks Sliced Apples ---- 1% White Milk
4 Cheeseburger on a Bun ---- Grape Tomatoes Sliced Peaches ---- 1% White Milk	5 Chicken Smackers ---- Carrot Sticks Boxed Raisins ---- 1% White Milk	6 Pepperoni Pizza ---- Sliced Cucumbers Mixed Fruit ---- 1% White Milk	7 Chili & Chips ---- Green Beans Orange Wedges ---- 1% White Milk	8 Chicken Tenders Seasoned Fries & BBQ Sauce ---- Sliced Apples ---- 1% White Milk
11 Mandarin Orange Chicken w/ Fried Rice ---- Baby Carrots Sliced Peaches ---- 1% White Milk	12 Chicken Fritters Waffle Fries ---- Boxed Raisins ---- 1% White Milk	13  Mac & Cheese ---- Green Beans Mixed Fruit ---- 1% White Milk	14 Beef Taco w/ Shredded Cheese ---- Carrot Sticks Pineapple ---- 1% White Milk	15 Beef Hot Dog on Bun ---- Grape Tomatoes Sliced Pears ---- 1% White Milk Shamrock Cookie  <b>Happy St. Patrick's Day!!</b>
18 Carolina Beef Rib ---- Pickles Fruit Freeze ---- 1% White Milk	19 Chicken Nuggets Waffle Fries ---- Boxed Raisins ---- 1% White Milk	20 Chicken "n" Waffle ---- Green Beans Mixed Fruit ---- 1% White Milk	21 Pasta w/Meat Sauce Cheese Toast ---- Grape Tomatoes Orange Wedges ---- 1% White Milk	22  Classic Grilled Cheese w/ Pineapple Spear ---- Carrot Sticks ---- 1% White Milk
25 Colossal Corn Dog Seasoned Fries ---- Sliced Peaches ---- 1% White Milk	26 Cheeseburger Buddies ---- Grape Tomatoes Boxed Raisins ---- 1% White Milk	27 French Toast w/ Sausage ---- Green Beans Mixed Fruit ---- 1% White Milk	28 Teriyaki Chicken w/Fluffy Rice ---- Corn Pineapple ---- 1% White Milk	29 Beef Nachos ---- Carrot Sticks Sliced Apples ---- 1% White Milk

**Family Style Meal Services:**  
**Your Meal Includes:**  
 Protein, Whole Grains, Fruit,  
 Vegetables & White Milk  
 -You May Select All Components  
 -You Are Required to Take 1/4 Cup of  
 Fruit or Vegetable with Your Meal  
**\$2.50 Full Price**  
**\*Meals at No Cost**  
**FREE to Qualified Students Only**

All PK Students will be served plain,  
 1% fat white milk with all meals.

All grains served to PK students  
 are whole-grain rich.

**Prepay online:**  
[myschoolbucks.com](http://myschoolbucks.com)

Menu is subject to change  
 due to product availability